



'24 Highlights



Bell Partners With Kids Help Phone To Reach Youth Across Canada

The Feel Out Loud campaign aims to raise \$300 million to expand e-mental health services. Over 50 Canadian artists joined to record an anthem "What I Wouldn't Do (North Star Calling)" to allow young people to express their emotions in a safe and supported way.

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Supporting Post-Secondary Programs With \$1M Grants

The Bell Let's Talk Post Secondary Fund awarded 11 Canadian colleges with grants. The funds provide support for students, staff, faculty struggling with mental health issues. The programs foster an inclusive environment and improves access to mental health support.

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Setting boundaries is the first step: A conversation with Canadian Olympians

In preparation for the Paris 2024 Olympic games, athletes spoke out about the importance of mental health, in addition to physical health. Four Canadian Olympians joined the conversation on Bell Let's Talk day.

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Sources:**Images:**

<https://www.pexels.com/photo/photo-of-person-playing-acoustic-guitar-1751731/>

<https://www.pexels.com/photo/fit-athlete-during-training-on-running-track-3756042/>

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<https://www.pexels.com/photo/four-person-standing-at-top-of-grassy-mountain-697244/>

Articles:

<https://letstalk.bell.ca/news/student-mental-health-programs-receive-another-dollar1m-in-bell-lets-talk-funding/>

<https://letstalk.bell.ca/news/kids-help-phone-launches-largest-youth-mental-health-movement-feel-out-loud-to-address-crisis-in-canada/>

<https://olympic.ca/2024/01/23/bell-lets-talk-olympians-share-why-mental-health-matters-to-them/>

Created by Julia Metelitsa - This mock assignment is for educational purposes only.